



## RESIDENT WINTER MENU 2016 – WEEK 1

Day	Lunch	Dinner	Alternative	Soup	Salad	Sandwich
MONDAY	Chicken Mornay	Beef Stroganoff & Noodles	Sausage Rolls	Soup of the Day	Choice of Ham, Chicken or Salmon	Made to Order Fresh or Toasted
TUESDAY	Steak & Kidney Pie	Scrambled Eggs Bacon, Hash Browns & Tomato	Chicken Wings	Tomato	Same As Above	Same As Above
WEDNESDAY	Roast Beef & Gravy	Tuna Vol Au Vents	Fish Fillet	Vegetable	Same As Above	Same As Above
THURSDAY	Pork Medallions	Savoury Mince on Toast	Spinach & Ricotta Rolls	Potato & Leek	Same As Above	Same As Above
FRIDAY	Battered Fish Fillet	Vegetable Quiche	Vegetable Nuggets	Soup of the Day	Same As Above	Same As Above
SATURDAY	Beef Sausages & Onion Gravy	Peri Peri Chicken Mash Potato	Party Pies	Pumpkin	Same As Above	Same As Above
SUNDAY	Roast Pork	Spinach & Ricotta Rolls & potato Gems	Chicken Tenderloins	Tomato	Same As Above	Same As Above

**LUNCH:** Select from the lunch main or a salad choice.

**DINNER:** Select from Dinner Main or Alternative with salad or vegetables, or soup & sandwich or a salad.

Toast with pumpkin, tomato or Vegetable soup, baked beans or spaghetti is available from staff at any time.

Morning tea and afternoon tea are provided and dessert is served with lunch and dinner.

**PLEASE LET MORNING TEA STAFF KNOW  
IF YOU WOULD LIKE THE DINNER ALTERNATIVE**



## RESIDENT WINTER MENU 2016 – WEEK 2

Day	Lunch	Dinner	Alternative	Soup	Salad	Sandwich
MONDAY	Vegetarian Lasagne	Curried Prawns/Rice seasoned vegetables	Sausage Rolls	Soup of the Day	Choice of Ham, Chicken or Salmon	Made to Order Fresh or Toasted
TUESDAY	Beef Tips with Mushroom Gravy	Scrambled Eggs, Bacon, Hash Browns & Tomato	Chicken Wings	Tomato	Same As Above	Same As Above
WEDNESDAY	Roast Lamb & Mint Sauce	Chicken & Mushroom Lasagne	Fish Fillet	Vegetable	Same As Above	Same As Above
THURSDAY	Chicken Casserole	Spaghetti Bolognese	Spinach & Ricotta Rolls	Potato & Leek	Same As Above	Same As Above
FRIDAY	Salmon Patties	Silverside w/white sauce roast potato	Vegetable Nuggets	Soup of the Day	Same As Above	Same As Above
SATURDAY	Beef Rissoles/ Onion Gravy	Lamb Stew	Party Pies	Pumpkin	Same As Above	Same As Above
SUNDAY	Roast Chicken	Savoury Bacon Quiche & Potato Gems	Chicken Tenderloins	Soup of the Day	Same As Above	Same As Above

**LUNCH:** Select from the lunch main or a salad choice.

**DINNER:** Select from Dinner Main or Alternative with salad or vegetables, or soup & sandwich or a salad. Toast with pumpkin, tomato or vegetable soup, baked beans or spaghetti is available from staff at any time.

Morning tea and afternoon tea are provided and dessert is served with lunch and dinner.

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IF YOU WOULD LIKE THE DINNER ALTERNATIVE**



Day	Lunch	Dinner	Alternative	Soup	Salad	Sandwich
<b>MONDAY</b>	<b>Chicken Schnitzel w/Gravy</b>	<b>Fish Cakes</b>	<b>Sausage Rolls</b>	<b>Soup of the Day</b>	<b>Choice of Ham, Chicken or Salmon</b>	<b>Made to Order Fresh or Toasted</b>
<b>TUESDAY</b>	<b>Beef Burgundy</b>	<b>Scrambled Eggs, Bacon, Hash Browns &amp; Tomato</b>	<b>Chicken Wings</b>	<b>Tomato</b>	<b>Same As Above</b>	<b>Same As Above</b>
<b>WEDNESDAY</b>	<b>Roast Chicken</b>	<b>Shepherds Pie</b>	<b>Fish Fillet</b>	<b>Vegetable</b>	<b>Same As Above</b>	<b>Same As Above</b>
<b>THURSDAY</b>	<b>Lamb Rogan Josh</b>	<b>Beef Stew</b>	<b>Spinach &amp; Ricotta Rolls</b>	<b>Potato &amp; Leek</b>	<b>Same As Above</b>	<b>Same As Above</b>
<b>FRIDAY</b>	<b>Battered Fried Fish</b>	<b>Assorted Mixed Sandwiches and Soup</b>	<b>Vegetable Nuggets</b>	<b>Soup of the Day</b>	<b>Same As Above</b>	<b>Same As Above</b>
<b>SATURDAY</b>	<b>Sausage Hot Pot</b>	<b>Lamb Rissoles</b>	<b>Sausage Rolls</b>	<b>Pumpkin</b>	<b>Same As Above</b>	<b>Same As Above</b>
<b>SUNDAY</b>	<b>Roast Beef</b>	<b>Party Sausage Rolls</b>	<b>Chicken Tenderloins</b>	<b>Soup of the Day</b>	<b>Same As Above</b>	<b>Same As Above</b>

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**DINNER:** Select from Dinner Main or Alternative with salad or vegetables, or soup & sandwich or a salad.

Toast with pumpkin, tomato or Vegetable soup, baked beans or spaghetti is available from staff at any time.

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## RESIDENT WINTER MENU 2016 – WEEK 4

Day	Lunch	Dinner	Alternative	Soup	Salad	Sandwich
<b>MONDAY</b>	Poached Fish Mornay	Chicken Tenderloins	Sausage Rolls	Soup of the Day	Choice of Ham, Chicken or Salmon	Made to Order Fresh or Toasted
<b>TUESDAY</b>	BBQ Chicken	Scrambled Eggs, Bacon, Hash Browns & Tomato	Chicken Wings	Tomato	Same As Above	Same As Above
<b>WEDNESDAY</b>	Roast Pork	Corned Silverside	Fish Fillet	Vegetable	Same As Above	Same As Above
<b>THURSDAY</b>	Chicken Cacciatore	Baked Beans on Toast	Spinach & Ricotta Rolls	Potato & Leek	Same As Above	Same As Above
<b>FRIDAY</b>	Salmon Patties	BBQ Pork	Vegetable Nuggets	Soup of the Day	Same As Above	Same As Above
<b>SATURDAY</b>	Cottage Pie	Ham Steak W/ Plum Sauce	Party Pies	Pumpkin	Same As Above	Same As Above
<b>SUNDAY</b>	Roast Lamb	Savoury Ham & Potato Bake	Chicken Tenderloins	Soup of the Day	Same As Above	Same As Above

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**DINNER:** Select from Dinner Main or Alternative with salad or vegetables, or soup & sandwich or a salad.

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IF YOU WOULD LIKE THE DINNER ALTERNATIVE**

