

# BORONIA ACTIVITIES PROGRAM



Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
<b>May Birthdays</b> <b>3/5: Helen B</b> <b>13/5: David J</b> <b>14/5: Frances B</b> 		<b>1</b>		<b>2</b>		<b>3</b>		<b>4</b>		<b>5</b>			
		11:00 Sit & Be Fit 11:30 Timeless Trivia 1:00 Word Games 3:00 Brain Teasers: Build a Word 4:00 Social Hour and Singalong	11:00 Move & Groove 11:30 Balloon Tennis 1:00 Picture Bingo 3:00 Life Story Work 4:00 Tend the Garden/Walks	11:00 Friday Fitness 11:30 Tend the Garden/Walks 1:00 Craft Corner 3:00 Tinker Time 4:00 Table Games 	10:30 Craft w/ Robyne 1:00 Saturday Stretch 1:30 Table Games 3:00 Mother's Day Cards 4:00 Trivia Time	1:00 Table Games 1:30 Music Trivia/Singalong 3:30 Whiteboard Games							
<b>6</b>		<b>Mobile Polling Booth 7</b>		<b>8</b>		<b>Boronia Support Group 9</b>		<b>10</b>		<b>11</b>		<b>Mother's Day 12</b>	
11:00 Sit & Be Fit 11:30 Tend the Garden/Walks 1:00 Craft Corner: Book Marks 3:00 Timeless Trivia 4:00 Walking Group	11:00 Chair Yoga 11:30 Table Games 1:00 Walking Group 3:00 Aromatherapy 4:00 Trivia	11:00 Move & Groove 11:30 Balloon Ball 1:00 Art Class 3:00 Social Hour and Singalong 4:00 Whiteboard Games 5:30 Montessori: Pair and Sort	11:00 Sit & Be Fit 11:30 Question Ball 12:30 Water the Garden 1:00 Armchair Travel 3:00 Craft Corner 4:00 Game: Jeopardy 5:30 Alphabet Game	11:00 Seated Tai Chi 11:30 Current Events 12:30 Quoits 1:00 Reminiscing: Celebrities 3:00 Walking Group 4:00 Mother's Day Cards 5:30 Finish the saying...	10:30 Craft w/ Robyne 1:00 Saturday Stretch 1:30 Sing-a-long 2:00 Balloon Tennis 3:30 Picture Bingo 5:30 Montessori: Pair and Sort	12:30 Sunday Hymns and Songs of Praise 1:00 Sit & Be Fit 1:30 Trivia 2:00 Mothers Day Tea Party 3:30 Beauty Therapy 5:30 Reminiscing: Mothers Day							
<b>13</b>		<b>14</b>		<b>15</b>		<b>16</b>		<b>17</b>		<b>18</b>		<b>19</b>	
11:00 Move & Groove 11:30 Quoits 12:30 Art Class 1:00 Current Events 3:00 Reminiscing: School Days 4:00 Quiz: Name the car logos 5:30 Noodle Ball 	11:00 Sit & Be Fit 11:30 Morning Walks 12:30 Water the Garden 1:00 Life Story Work 3:00 Armchair Travel 4:00 Mixed Media Collages 5:30 Game: The Price is Right! 	11:00 Seated Tai Chi 11:30 Twister Bean Bag Toss 12:30 Kick Ball 1:00 Picture Bingo 3:00 Reminiscence: Memorial Box WWII 4:00 Social Hour and Singalong 5:30 Alphabet Game	11:00 Chair exercises 11:30 Current Events 12:30 Walking Group 1:00 Cooking Class 3:00 Aromatherapy 4:00 Recycled Magazine Scrapbooking 5:30 True or False?	11:00 Friday Fitness 11:30 Balloon Volley Ball 12:30 Walking Group 1:00 Life Story: Memory Boards 3:00 Game: Jeopardy 4:00 Watercolour painting 5:30 Words starting with...	10:30 Craft w/ Robyne 12:30 Walking Group 1:00 Balloon Ball 2:00 Timeless Trivia 3:30 Twister Bean Bag Toss 5:30 Finish the saying...	12:30 Sunday Hymns and Songs of Praise 1:00 Chair exercises 1:30 Recycled Magazine Scrapbooking 2:00 Sunday Social Hour 5:30 Montessori: Pair & Sort							
<b>Volunteers Week 20</b>		<b>21</b>		<b>22</b>		<b>Morning Tea 23</b>		<b>24</b>		<b>25</b>		<b>26</b>	
11:00 Chair exercises 11:30 Morning Walks 12:30 Craft Corner 1:00 Reminiscence: Memorial Box WWII 3:00 Beauty Therapy 4:00 Water the Garden 5:30 Brain Teasers True or False?	11:00 Seated Tai Chi 11:30 Current Events 12:30 Walking Group 1:00 Cooking Class 3:00 Whiteboard Games 4:00 Recycled Magazine Scrapbooking 5:30 Charades	11:00 Sit & Be Fit 11:30 Balloon Tennis 12:30 Tidy & Sort 1:00 Craft: play dough 3:00 Timeless Trivia 4:00 Social Hour and Singalong 5:30 Finish the saying...	11:00 Seated Stretch 11:30 Morning Walks 12:30 Kick Ball 1:00 Art Class 3:00 Afternoon Pamper 4:00 Twister Bean Bag Toss 5:30 Things that go together...	11:00 Chair exercises 11:30 Armchair Travel 12:30 Walking Group 1:00 Mixed Media Collages 3:00 Sensory Salt Garden 4:00 Aromatherapy 5:30 Montessori: Pair and Sort	10:30 Craft w/ Robyne 1:00 Timeless Trivia 2:00 Kick Ball 3:30 Watercolour painting 5:30 Quiz: Name the car logos	12:30 Sunday Hymns and Songs of Praise 1:00 Walking Group 1:30 Water the Garden 2:00 Table Games 3:30 Reminiscing: Prime Ministers 5:30 Words starting with...							
<b>27</b>		<b>28</b>		<b>29</b>		<b>30</b>		<b>31</b>		<b>*All Activities are subject to change*</b> <b>Copacabana Coffee Shop – Tues/Thurs:</b> <b>9am-12:30pm</b> <b>Scenic Bus Drives – Boronia: Tues 9.30am</b> <b>L&amp;L Staff Hours – Weekdays: 10am-6:30pm</b> <b>Weekends: 12pm-6pm</b> <b>Fruit &amp; Hydration – Everyday 10:30am/2:30pm</b> <b>Boronia Support Group – 2<sup>nd</sup> Thursday of each month @ 1:30pm</b>			
11:00 Sit & Be Fit 11:30 Balloon Ball 12:30 True or False? 1:00 Cooking Class 3:00 Mixed Media Collages 4:00 Finish the saying... 5:30 Afternoon Trivia	11:00 Seated Stretch 11:30 Mini Golf 12:30 Kick Ball 1:00 Art Class 3:00 Game: Famous Faces 4:00 Tinker Time 5:30 Game: The Price is Right!	11:00 Move & Groove 11:30 Tend the Garden/Walks 12:30 Beauty Therapy 1:00 Armchair Travel 3:00 Matching Game: Famous Land Marks 4:00 Social Hour and Singalong 5:30 Word Games	11:00 Seated Tai Chi 11:30 Current Events 12:30 Balloon Ball 1:00 Herbal Scent Tea Party 3:00 Aromatherapy 4:00 Craft Corner 5:30 Game: True or False?	11:00 Friday Fitness 11:30 Twister Bean Bag Toss 12:30 Walking Group 1:00 Life Story Work 3:00 Music w/ David Reeve 4:00 Picture Bingo 5:30 Reminiscing: School Days									