

| Day | Lunch | Dinner | Alternative | Soup | Salad | Sandwich |
|-----------|-----------------------------|--|-------------------------|-----------------|----------------------------------|--------------------------------|
| MONDAY | Chicken Mornay | Beef Stroganoff & Noodles | Sausage Rolls | Soup of the Day | Choice of Ham, Chicken or Salmon | Made to Order Fresh or Toasted |
| TUESDAY | Steak & Kidney Pie | Scrambled Eggs Bacon, Hash Browns & Tomato | Chicken Wings | Tomato | Same As Above | Same As Above |
| WEDNESDAY | Roast Beef & Gravy | Tuna Vol Au Vents | Fish Fillet | Vegetable | Same As Above | Same As Above |
| THURSDAY | Pork Medallions | Savoury Mince on Toast | Spinach & Ricotta Rolls | Potato & Leek | Same As Above | Same As Above |
| FRIDAY | Battered Fish Fillet | Vegetable Quiche | Vegetable Nuggets | Soup of the Day | Same As Above | Same As Above |
| SATURDAY | Beef Sausages & Onion Gravy | Peri Peri Chicken Mash Potato | Party Pies | Pumpkin | Same As Above | Same As Above |
| SUNDAY | Roast Pork | Spinach & Ricotta Rolls & potato Gems | Chicken Tenderloins | Tomato | Same As Above | Same As Above |

LUNCH: Select from the lunch main or a salad choice.

DINNER: Select from Dinner Main or Alternative with salad or vegetables, or soup & sandwich or a salad.
Toast with pumpkin, tomato or Vegetable soup, baked beans or spaghetti is available from staff at any time.

Morning tea and afternoon tea are provided and dessert is served with lunch and dinner.

**PLEASE LET MORNING TEA STAFF KNOW
IF YOU WOULD LIKE THE DINNER ALTERNATIVE**



RESIDENT WINTER MENU 2016 – WEEK 2

| Day | Lunch | Dinner | Alternative | Soup | Salad | Sandwich |
|-----------|-------------------------------|---|-------------------------|-----------------|----------------------------------|--------------------------------|
| MONDAY | Vegetarian Lasagne | Curried Prawns/Rice seasoned vegetables | Sausage Rolls | Soup of the Day | Choice of Ham, Chicken or Salmon | Made to Order Fresh or Toasted |
| TUESDAY | Beef Tips with Mushroom Gravy | Scrambled Eggs, Bacon, Hash Browns & Tomato | Chicken Wings | Tomato | Same As Above | Same As Above |
| WEDNESDAY | Roast Lamb & Mint Sauce | Chicken & Mushroom Lasagne | Fish Fillet | Vegetable | Same As Above | Same As Above |
| THURSDAY | Chicken Casserole | Spaghetti Bolognese | Spinach & Ricotta Rolls | Potato & Leek | Same As Above | Same As Above |
| FRIDAY | Salmon Patties | Silverside w/white sauce roast potato | Vegetable Nuggets | Soup of the Day | Same As Above | Same As Above |
| SATURDAY | Beef Rissoles/ Onion Gravy | Lamb Stew | Party Pies | Pumpkin | Same As Above | Same As Above |
| SUNDAY | Roast Chicken | Savoury Bacon Quiche & Potato Gems | Chicken Tenderloins | Soup of the Day | Same As Above | Same As Above |

LUNCH: Select from the lunch main or a salad choice.

DINNER: Select from Dinner Main or Alternative with salad or vegetables, or soup & sandwich or a salad. Toast with pumpkin, tomato or vegetable soup, baked beans or spaghetti is available from staff at any time.

Morning tea and afternoon tea are provided and dessert is served with lunch and dinner.

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| Day | Lunch | Dinner | Alternative | Soup | Salad | Sandwich |
|-----------|---------------------------|---|-------------------------|-----------------|----------------------------------|--------------------------------|
| MONDAY | Chicken Schnitzel w/Gravy | Fish Cakes | Sausage Rolls | Soup of the Day | Choice of Ham, Chicken or Salmon | Made to Order Fresh or Toasted |
| TUESDAY | Beef Burgundy | Scrambled Eggs, Bacon, Hash Browns & Tomato | Chicken Wings | Tomato | Same As Above | Same As Above |
| WEDNESDAY | Roast Chicken | Shepherds Pie | Fish Fillet | Vegetable | Same As Above | Same As Above |
| THURSDAY | Lamb Rogan Josh | Beef Stew | Spinach & Ricotta Rolls | Potato & Leek | Same As Above | Same As Above |
| FRIDAY | Battered Fried Fish | Assorted Mixed Sandwiches and Soup | Vegetable Nuggets | Soup of the Day | Same As Above | Same As Above |
| SATURDAY | Sausage Hot Pot | Lamb Rissoles | Sausage Rolls | Pumpkin | Same As Above | Same As Above |
| SUNDAY | Roast Beef | Party Sausage Rolls | Chicken Tenderloins | Soup of the Day | Same As Above | Same As Above |

LUNCH: Select from the lunch main or a salad choice.

DINNER: Select from Dinner Main or Alternative with salad or vegetables, or soup & sandwich or a salad.

Toast with pumpkin, tomato or Vegetable soup, baked beans or spaghetti is available from staff at any time.

Morning tea and afternoon tea are provided and dessert is served with lunch and dinner.

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RESIDENT WINTER MENU 2016 – WEEK 4

| Day | Lunch | Dinner | Alternative | Soup | Salad | Sandwich |
|-----------|---------------------|---|-------------------------|-----------------|----------------------------------|--------------------------------|
| MONDAY | Poached Fish Mornay | Chicken Tenderloins | Sausage Rolls | Soup of the Day | Choice of Ham, Chicken or Salmon | Made to Order Fresh or Toasted |
| TUESDAY | BBQ Chicken | Scrambled Eggs, Bacon, Hash Browns & Tomato | Chicken Wings | Tomato | Same As Above | Same As Above |
| WEDNESDAY | Roast Pork | Corned Silverside | Fish Fillet | Vegetable | Same As Above | Same As Above |
| THURSDAY | Chicken Cacciatore | Baked Beans on Toast | Spinach & Ricotta Rolls | Potato & Leek | Same As Above | Same As Above |
| FRIDAY | Salmon Patties | BBQ Pork | Vegetable Nuggets | Soup of the Day | Same As Above | Same As Above |
| SATURDAY | Cottage Pie | Ham Steak W/ Plum Sauce | Party Pies | Pumpkin | Same As Above | Same As Above |
| SUNDAY | Roast Lamb | Savoury Ham & Potato Bake | Chicken Tenderloins | Soup of the Day | Same As Above | Same As Above |

LUNCH: Select from the lunch main or a salad choice.

DINNER: Select from Dinner Main or Alternative with salad or vegetables, or soup & sandwich or a salad.

Toast with pumpkin, tomato or Vegetable soup, baked beans or spaghetti is available from staff at any time.

Morning tea and afternoon tea are provided and dessert is served with lunch and dinner.

**PLEASE LET MORNING TEA STAFF KNOW
IF YOU WOULD LIKE THE DINNER ALTERNATIVE**

